

Greetings from Eden!

The mental health programs of Eden experienced another year of high demand with many of our community members reaching out to Eden for support. Outpatient psychiatric consultations and Recovery of Hope counselling sessions are operating at the highest levels in Eden's history. Occupancy rates at the Inpatient Psychiatric Unit and with our supportive housing program continue to remain high. Our employment support program has a steady stream of participants looking for vocational assessments and work practicums. The programs offered in partnership with Southern Health-Santé Sud, like our Intensive Case Management program, are operating a full capacity. We are grateful for the privilege of supporting our community members with their mental health and mental illness and for the trust they place with the staff and practitioners at Eden.

While we are focused on providing the best possible care we can with the resources we have, we know there is more that needs to be done. The motivation to be the hands and feet of Christ in our communities is what birthed the work of Eden almost 60 years ago and it continues to drive our work as a Mennonite service organization to this day. Thank you for supporting Eden and investing in mental health and addiction care in southern Manitoba.

Brad Unger
CEO, Eden Health Care Services

The mental health and addictions programs of Eden:



Mental health hospital in Winkler and outpatient psychiatry consultation across Southern Health-Santé Sud.



Counselling therapy for individuals, couples and families in Winnipeg, Winkler and Steinbach and virtually across Manitoba.



Community mental health programming in partnership with Southern Health-Santé Sud.



Provides employment services for job seekers in and around the Winkler and Steinbach communities.



Manages 145 housing units in Steinbach, Winnipeg, and Winkler. Housing options are on a continuum and include: group homes, integrative supportive housing, independent living with mental health support, and independent living.

Eden programs are managed and supported by:



Provides management and shared services for the Eden programs.



Arms-length fundraising organization that raises funds to support Eden's mental health work in Manitoba.

----- 2023 -----

EDEN HEALTH CARE SERVICES

YEAR IN REVIEW



Recovery of Hope had a total of 5,565 client sessions and 628 new clients.



Eden Housing and Supports had a vacancy rate of less than 2%.

Eden Mental Health Centre had an occupancy rate of **85%**

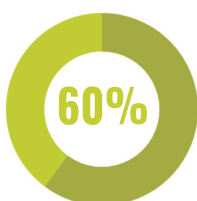
1,313

Eden Mental Health Centre's number of outpatient referrals.



33% increase in online applications for **Segue Career Options**.

Segue Career Options' Opportunities for Employment Skills Enhancement project met **60% of participant goals** in only **9 months**.



Eden Foundation granted **\$250,000** to Eden's programs and services.

All inpatient unit renovations from the flood of 2022 at the **Eden Mental Health Centre** were completed and units went back to full capacity.

The combined programs of **Eden Health Care Services** had an annual budget of **\$15.9 million** and employed **160 staff members**.



Eden Foundation's annual **Tractor Trek fundraiser** has now raised over **\$1 million** since it started 16 years ago.



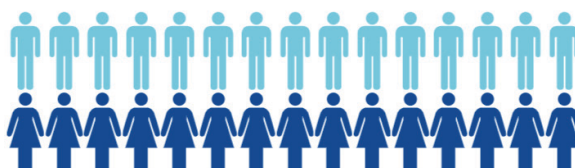
Over 1,900 counselling sessions at **Recovery of Hope** qualified for our **Sliding Fee Scale** program.

7,600

Number of client contacts for **Pathways Community Mental Health's** Intensive Case Management program.

35%

of **Eden Housing and Supports** tenants received mental health support from an Eden Housing Support Worker.



Pathways Community Mental Health's Intensive Case Management program had over **200 participants** across the region.