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# **TREKKER GUIDE**

## SATURDAY, JULY 12, 2025 | WINKLER, MB

#### **Overview**

Tractor Trek is a fundraiser to support mental health recovery programs for individuals living in our Southern Health region. By registering and raising funds you are making a profound difference in the lives of many individuals living with mental health challenges.

Tractor Trek is now in its 18th year and we're inviting tractors of ALL AGES to come together and enjoy a drive in the country to raise money for Eden Foundation. This year brings some exciting changes, including:

- Lower registration fee
- 50% registration fee discount for first-time Trekkers
- Prize draw for referrals to encourage new participants
- Expanded route (39km) to include Winkler and Morden
- New coffee stop at Garden Valley Equipment (GVE)
- · Tractors of all ages welcome

This Trekker Guide will provide you with the information you need to have a successful ride and fundraising experience. If you have any questions or need more information, please call the office at (204) 325-5355 or email foundation@edenhealthcare.ca.

#### Registration

To register, simply fill out the registration form and mail or drop it off at the Eden offices at 309 Main St., Winkler R6W 4A4. Registration fees can be paid by cash, cheque, or credit card in the following amounts:



- Early registration fee before June 26: \$100. Registration fee after June 26: \$135
- FIRST TIME TREKKERS: Early registration fee before June 26: \$50. Registration fee after June 26: \$75

The registration fee per tractor covers the cost of participation, one lunch, and one dinner. **Additional dinner guests are \$35.** 

**Referral prize draw**: Registered Trekkers who refer a NEW TREKKER to register will be entered into a draw for a \$300 Co-op gift certificate. One entry for each referral. New Trekker to indicate who referred them on their completed registration form.

#### **Fundraising tips**

Each Trekker is asked to fundraise in support of their ride. Our suggested target is \$1,000 per tractor entry, so start fundraising early! It is never too soon to start fundraising and put that bug in your friend's/family's ear. Do not be afraid to ask as you may be surprised with how many people want to support mental health services in our community. Tax receipts are available for donations \$20 and up.

You can still collect cash/cheques using the donation form we provide, but this year donors can choose to make their donations online by going to the Eden Foundation website, **www.edenhealthcare.ca**, and clicking on "Events" where they'll find the Tractor Trek page to make their donation and identify the Trekker they are supporting.











#### Day of the event

When arriving at the Eden Mental Health Centre grounds, there will be volunteers wearing orange vests who will direct you to your designated parking spot. If you drive your tractor to the event, please speak to the volunteers to be advised on where to park. If you bring your tractor on a trailer, go directly to the staging area, and the volunteers will give you further direction.

Once set up, head to the registration table, hand in your pledges, receive your tractor sign and a swag bag. We ask that once you receive your sign, you attach it on the right-hand side of the tractor with the zip ties provided.

Friends and family are welcome to join our BBQ lunch by donation.

#### **Schedule of events**

11 AM - 1 PM	TRACTORS THROUGH THE AGES SHOW & SHINE WITH GARDENLAND CO-OP BBQ FUNDRAISER
1:15 PM	TRACTOR TREK SEND OFF
2:45 PM	ARRIVE FOR SNACK AT GVE
3:45 PM	DEPART
5:30 PM	DOORS OPEN FOR DINNER
6:00 PM	DINNER (ADDITIONAL GUESTS \$35)
7:00 PM	AWARDS WITH AUCTION BY LEIGHTON KLASSEN TO FOLLOW

We will have many items to auction off and are very thankful to have the late Bill Klassen's son, Leighton Klassen, as our auctioneer.

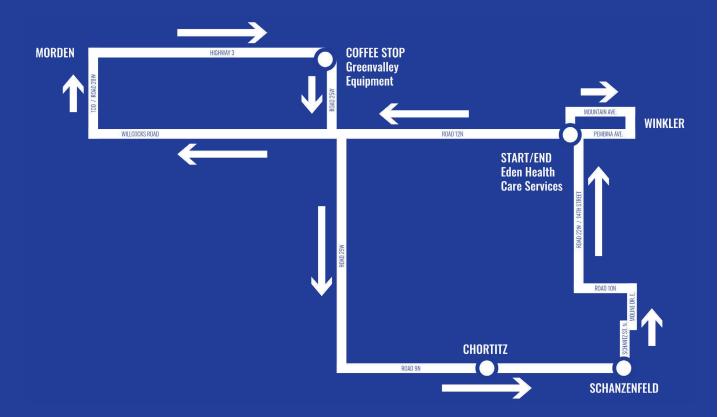
#### **Prizes**

This year during the Show & Shine, there will be prizes awarded in the following categories:

- 1. Best newer tractor (1986 and newer)
- 2. Best restored (pre-1986)
- 3. Best unrestored (pre-1986)
- 4. Smoothest running (pre-1986)
- 5. Quietest Tractor (pre-1986)
- 6. Loudest Tractor
- 7. Judges' choice
- 8. Trekkers' choice

We have hand-selected judges and they will be around for the event all day. Prizes will be awarded at the end of the event during the banquet.





- 1. Drive NORTH on 15th St.
- 2. Turn RIGHT onto Mountain Ave.
- 3. Turn RIGHT onto 8th St.
- 4. Turn RIGHT onto Pembina Ave.
- 5. Take Pembina Ave. out of town onto RD 12N.
- 6. RD 12N turns into Willcocks Rd.
- 7. Turn RIGHT at 100/RD 28W.
- 8. Turn RIGHT at Highway 3 (Stay on shoulder).

- 9. Turn RIGHT at Greenvalley Equipment and stop for coffee.
- 10. Go SOUTH on RD 25W.
- 11. Turn LEFT onto RD 9N.
- 12. Turn LEFT onto Schantz St. N.
- 13. Turn RIGHT onto Moline Dr. E.
- 14. Turn LEFT onto RD 10N.
- 15. Turn RIGHT onto RD 22 W/ 14th St. S.

#### Safety

During the trek, road rules will be in effect. It is vitally important to follow all safety measures in place:

#### Requirements:

- 1. Each driver must have a valid driver's license as required by law.
- 2. Highway Traffic Act rules must be followed.
- 3. Waiver must be signed in order to participate.
- 4. All riders on the tractor must have a designated seat that is built into the tractor. You as the driver are responsible for this person and their safety.
- 5. Those driving the tractor must know how to do so safely.
- 6. The trek is on provincial roads. Please be courteous to other drivers and use care, as well as caution, always.
- 7. Tractors must be in good working order.
- 8. Must be able to maintain a speed of 8-10 miles per hour.
- 9. Fuel tanks must be filled.

#### **During the Trek**

- 1. Maintain a speed as established by the lead tractor.
- 2. Keep a safe distance between you and the tractor in front. We recommend two tractor lengths while driving.
- 3. If you must be towed, or need to tow someone, please do so using the proper equipment.

Please be mindful of the weather and dress appropriately. Make sure to hydrate throughout the day and wear sunscreen. If you feel faint, nauseous, or dizzy please speak to a volunteer immediately. On hot summer days, it's easy to get heat exhaustion or heat stroke.



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